



**2019 Joint hosted British Psychosocial Oncology
Society & NCRI Psychosocial Oncology and Survivorship
Clinical Studies Group Annual Conference**

***'Innovations in Psychosocial Oncology:
Research, Education & Practice'***



Thursday 28th February-

Friday 1st March 2019

Hilton Doubletree Hotel, Chester

www.bpos.org

 **@BPOSUK**

Conference Sponsors

The British Psychosocial Oncology Society gratefully acknowledges the support of the following institutions, companies and organisations.

Please see pages 29-32 for more information.



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Chester

MACMILLAN
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NCRI

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Cancer
Research
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NORTH WEST
CANCER RESEARCH



Please note - Macmillan and North West Cancer Research will have exhibition stands presented in the poster viewing room during the conference (Ballroom 1).

Welcome

We would like to extend a very warm welcome to all conference delegates joining us this time in Chester. This year's theme: *Innovations in Psychosocial Oncology: Education, Research & Practice* was chosen to reflect the fundamental focus of BPOS. We are delighted to have secured an excellent collection of keynote speakers to bring perspectives on each of these key areas. From Imperial College Healthcare, Dr Alex King will cover Education, describing the work that the British Psychological Society (BPS) Division of Clinical Psychology Faculty for Oncology and Palliative Care (SIGOPAC) leads around training oncology staff to provide psychosocial care. Professor Adam Glaser (University of Leeds) will provide an overview of the national PROMs research and future directions in this area. Laura Lee (Maggie's Chief Executive) will cover the Practice component describing the ethos and role Maggie's play in supporting people affected by cancer.

Many thanks to everyone who submitted abstracts. The diversity of topics covered by the oral and posters presentations this year reflects a wide range of research and service innovation in the field. It's exciting to see some new and novel methods coming through as well as studies focussing on under-represented groups. A massive thank you also to the Scientific Committee (Ruaidhri McCormack, Carey MacDonald-Smith, Sara MacLennan, Nick Hulbert-Williams and Kate Absolom) who took the time to score and provide thoughtful input on shaping the content of the programme. We are also very grateful for the time and energy many people have put into planning and delivering the conference, particularly Emma Nicklin, Ryan Flynn, Brooke Swash and Lorraine Warrington.

Thanks also to our workshop facilitators. This year we have two workshops. The first on the use of single-subject research designs in psychosocial oncology is led by Nick Hulbert-Williams, Teresa Mulhern and Sabrina Norwood from the University of Chester. The second focuses on the challenges of patient and public involvement and is facilitated by Helen Bulbeck from braintrust and Kate Hill from the University of Leeds. Please make sure you sign up for a workshop at registration.

In keeping with our 2018 event, the conference has been organised in collaboration with the NCRI Psychosocial Oncology & Survivorship (POS) Clinical Studies Group. We look forward to hearing updates on the POS research portfolio. We would like to thank Macmillan for again sponsoring NCRI's involvement and it's great to have two representatives from the Macmillan team joining us- Anna Williams (Senior



Academic Research Advisor) and Rhona Auckland (Research Grants Officer).

Please also join us in welcoming our three consumer/PPI delegates: Susan Restorick-Banks, Lesley Turner and Barbara Woroncow. Our consumer bursary places have been funded through kind donations from the University of Chester and BPOS. In addition we would like to congratulate the winner of the BPOS student bursary - Georgios Saltaouras.

Don't forget the BPOS Annual General Meeting is planned for Friday at 1.30pm – please do come along and catch up on society updates and activities or learn more about how you might be able to get involved in the future.

The conference is always a highpoint of the BPOS year and we are very proud to have this opportunity to bring together friends and colleagues and provide an opportunity for new acquaintances and connections to be made. We pride ourselves on the friendly and supportive environment fostered at the conference and hope 2019 will be no different. We appreciate that there are always things we can improve on or try to include next time so do take the time to complete the conference feedback and give us ideas on what worked or what could be done differently.

Wishing you all a fantastic conference!

**Kate Absolom:
BPOS Chair Elect**



**Nick Hulbert-Williams:
Organising Committee Chair**



Keynote Speakers



Dr Alex King

Imperial College Healthcare NHS Trust

Alex leads the psycho-oncology team at Imperial College Healthcare. He started in the specialty at Guy's & St Thomas' in 2007, skimming clinic to catch seminars by Myra Hunter, Rona Moss-Morris and John Weinman. He completed his MSc and DClinPsy at University College London in 2003, managing to disappoint Susan Michie with a boring qualitative thesis on pituitary tumours, and neatly avoiding neuropsych testing on his neuropsych placement.

Alex contributes to the development of our specialty through the BPS SIGOPAC national committee, and recently a significant project within NHS London on commissioning guidance. He holds an honorary academic appointment with Imperial College London, but really it's for the e-journals and it's mostly other people writing the papers. Clinically, he approaches cancer adjustment through the person's resilience, flexibility and self-efficacy, with some CAT thrown in when it gets tougher. Regular spells teaching psychology to cancer doctors (at the ICR) and cancer to psychology doctors (at UCL) are invariably entertaining and illuminate our curious worlds. Highlights have been the 2017 BMJ Awards for Surgery with the PREPARE surgery prehab team, the 2018 Anthony Nolan clinical supporter award, and a jolly evening of drinking down Brussels with Mark Lazenby.



Laura Lee

Chief Executive Maggie's

Laura worked as a clinical nurse specialist in Edinburgh, where she gave chemotherapy to Maggie Keswick Jencks, Laura shared Maggie's vision of a cancer support centre housed in a non-clinical and uplifting environment where anybody affected by cancer could visit to access practical information, psychological and emotional support to help them build a life beyond a

cancer diagnosis. There are now 22 centres with plans for future centres both in the UK and overseas. In 2016 Laura was awarded Honorary Degree of Doctor from Queen Margaret University.



Adam Glaser

Professor of Paediatric Oncology and Late Effects, University of Leeds

Adam Glaser is a Consultant Paediatric Oncologist and Late Effects physician at the Leeds Teaching Hospitals NHS Trust. He is a Professor of Paediatric Oncology and Late Effects at the University of Leeds.

Whilst working at the Department of Health as Clinical Director of the National Cancer Survivor Initiative (2010-13), he identified the dearth of robust evidence to support the introduction of sustainable services for the increasingly prevalent section of society living with and beyond cancer. Consequently, he led on the development of the National Cancer PROMs (Patient Reported Outcome Measures) Programme and successfully delivered the national colorectal cancer PROMs survey, the largest cancer PROMs exercise in the world to date.

A successful research programme in Leeds focusing on identification of the consequences of living with and beyond cancer has been established. He is currently principal, or co-principal, investigator on in excess of £5 million of research and teaching programmes. These include the Prostate Cancer UK/Movember Foundation funded Life After Prostate Cancer Diagnosis programme and the Yorkshire Cancer Research funded Life and Bladder Cancer. Personal and societal costs of cancer are being explored through the linkage of primary, secondary and tertiary health care records as part of a Macmillan Cancer Support funded programme CPR for Cancer Outcomes: The use of comprehensive patient records (CPR) to define the impact of cancer, co-morbidities and late-effects on individuals and the health service. An innovative clinical research training fellowship programme funded by Candlelighters has been established to allow paediatric oncologists in training to obtain high quality research exposure.



General Information



Pre-Conference Event for Students and Early Career Researchers: This event will be held the night before the conference, on Wednesday 27th February (17.00-19.00) in the Yerburch Suite.

Conference Registration: This will take place in the Conservatory of the Doubletree Hilton Hotel.

Main Conference Programme: The main sessions will take place in Ballroom 2.

Poster Presentations: Posters will be presented in Ballroom 1. Posters should be displayed from 09:00 onwards on Thursday 28th February and removed on Friday 1st March at the end of the conference. All posters have been allocated a number (see page 24-28) and should be displayed on the board with the corresponding number. Posters will be available for informal viewing throughout the conference, during coffee and lunch breaks and also during the evening drinks reception on Thursday.

Workshops: These sessions will be running in parallel in slots of 90 minutes on Thursday afternoon. Please sign up for your preferred session at the registration desk on arrival (see pages 12-14 for more details). The workshops will be as follows:

1. An introductory primer to single-subject research design in psychosocial oncology – held in Ballroom 2.
2. Patient and public involvement: Exploring the challenges and measuring impact – held in the Abbey Suite.

BPOS Annual General Meeting – This will take place in Ballroom 2.

Drinks Reception – This will take place in the Conservatory and Ballroom 1 on Thursday night at 18.45- 19.30.

Breakfast and Conference Lunch: Both breakfast and lunch will be served in the Garden Room and Terrace. Please note the Mentors lunch will also be located in this restaurant on allocated tables.



Conference Dinner: This will take place in Ballroom 2 at 19.30.

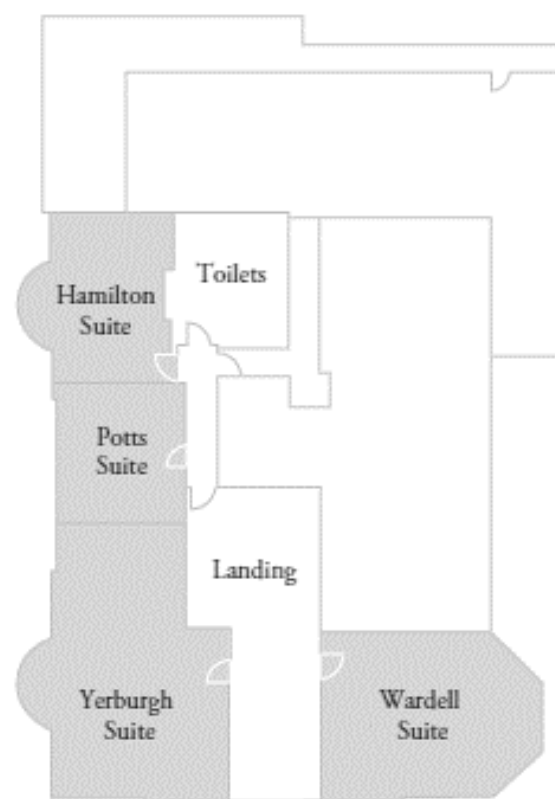
Overnight accommodation: For those who have booked overnight accommodation at the Doubletree Hilton Hotel, rooms will be available from 15:00 onwards on Thursday 28th February. Check out is 12:00 on Friday 1st March. Breakfast is included in the room rate. All rooms are complete with complimentary Wi-Fi, Smart TV & Sky Sports, air-conditioning, mini fridge and premium bath products. There is also access to a gym and spa. Please be advised there is a Spa charge of £15.00 to use the leisure facilities during your stay.

Parking: There is ample free parking at the hotel, on a first come first serve basis.

Internet Access: Free Wi-Fi is available throughout the hotel helping you to stay connected at all times. Please open a webpage on arrival to begin the registration and login process.



Ground Floor



First Floor

Maps and Directions

Set in an 18th-century manor house, Doubletree by Hilton Chester hotel is located just outside the historic City of Chester.

Doubletree by Hilton Hotel & Spa Chester,
Warrington Road Hoole,
Chester,
CH2 3PD,
United Kingdom



By Road

From Chester Railway Station take Hoole Road for 2 miles to a roundabout and take the 2nd exit on to the A56 Warrington Road. This is a divided highway and you will need to pass the Hotel on the right and go to the next roundabout, take the 4th exit and return on A56 Warrington Road at 400 yards turn left into the Hotel.

By Rail

1.7 miles from Chester Railway Station

From the Airport

There are two airports with international traffic nearby. The main airport is Manchester International Airport, located 33 miles from the hotel. The journey takes approximately 50 minutes. A typical taxi fare from this airport would cost around £45. You can also catch a direct train from Manchester airport train station to Chester train station, which takes approximately 1hr 30 minutes.

The other airport nearby is Liverpool John Lennon Airport, around 40 minutes from the hotel (23 miles).



Service Innovation, E-Posters and Workshops

Service Innovation Presentations

The British Psychosocial Oncology Society (BPOS) is a multidisciplinary organisation for the advancement of education, research, and practice-based care in psychosocial oncology, and as such at the conference, we wanted to showcase excellent clinical, educational, integrational, and good practice initiatives. It is important that research is translated into practice to improve everyday care for many patients. Five projects will be presented and discussed which demonstrate how to drive research and innovation into application within the NHS and primary care for the benefit of many.

E-Poster Presentations

After lots of positive feedback at last year's conference, we are once again presenting Electronic Posters (E-Posters)! A novel concept giving presenters a way of conveying information that would not necessarily be possible with a traditional printed poster. Each presentation will consist of a 3 minute presentation, alongside the displayed E-Poster.

Workshops

Workshop 1: An introductory primer to single-subject research design in psychosocial oncology

Summary: Single-subject research designs (SSRD) have a long history of methodological development. They are perhaps best known in Applied Behaviour Analysis research, though they have also been used in other applied psychology areas, such as clinical and developmental psychology research. There are also published examples of their use in cancer research, but not typically in psychosocial oncology. This is surprising given their person-centred approach to study design and data analysis. SSRDs typically require only a very small sample size and overcome some of the practical and logistical barriers in applied research, such as the need for a separate control group. However, they are more data-collection time intensive and so require a different type of project management to some of our more usual research designs. Accordingly, they also have an entirely different approach to data analysis which does not rely on common statistical approaches.



Our group in Chester have a wealth of experience of SSRD in a range of topic areas, including intervention development in psychosocial oncology and palliative care research. We see them as especially relevant to intervention development as they have a good fit with existing intervention development frameworks. We will use this interactive workshop to give participants an overview of: (i) basic principles of SSRD, (ii) ethical and practical issues relevant to using SSRD in cancer settings, and (iii) data analysis of SSRD data.

Facilitators: This workshop will be facilitated by Nick Hulbert-Williams, Teresa Mulhern and Sabrina Norwood from the Centre for Contextual Behavioural Science in the School of Psychology, University of Chester.

Nick is a Registered Coaching Psychologist and Professor of Behavioural Medicine. He has a wealth of research experience in psychosocial oncology, with a particular focus on understanding cancer survivorship and interventions to reduce psychological comorbidity, particularly at important transition points through cancer. Nick is past chair of BPOS, and current chair of the IPOS Research Committee. He is a member of the Editorial Board for the European Journal of Cancer Care and Associate Editor for the Journal of Psychosocial Oncology Research and Practice.

Teresa is an Applied Behavior Analyst with both an MSc and PhD in this area. She has several years' experience of employing SSRDs in applied practice and is particularly interested in implementing and evaluating client/patient centred approaches in the areas of child development. Teresa is a member of the European Association of Behavior Analysts and the Division of Behavior Analysis.

Sabrina is a Board Certified Behavior Analyst with an MS in this area. She has a wide range of experience implementing single subject research design across diverse populations. Her research interests focus primarily on adult clients/patients and using single subject research designs in ways which are broadly applicable. Sabrina is a member of the Association for Behavior Analysis International and the European Association for Behaviour Analysis.



Workshop 2: Patient and public involvement: Exploring the challenges and measuring impact

The objectives of the workshop are to review the different ways that patients and the public can become “involved” with the design and delivery of research and healthcare, and to consider approaches to the assessment of involvement.


In the first part of the session we will focus on the stages of the research cycle at which patients and the public can become involved and explore the ways in which meaningful involvement can be achieved. In the second part of the session we will consider the impact of patient and public involvement and how it can be measured in a research context.

The workshop will run for approximately 90 minutes and will include three group exercises, two of which will be based on case study scenarios. Workshop materials will be provided but we encourage attendees to bring examples of their own research projects on which to base the exercises. If you are currently developing a research proposal or have recently completed one, and have faced the challenge of incorporating patients’ views at any stage then please consider sharing your experiences. Examples provided should have personal/identifiable details removed.

Facilitators: The workshop will be facilitated by Helen Bulbeck and Kate Hill.

Helen is the founder and Director of Services and Policy at [brainstrust](#), a national charity that offers a unique UK wide support service to people living with brain cancer. Helen has experienced cancer from a carer’s perspective and also as a patient. Her daughter, has had a grade 2 brain tumour and Helen has had salivary gland cancer. Helen is also a consumer representative working with various organisations including NCRI and BPOS. Helen’s key drivers are the patients, their carers and healthcare professionals with her ethos being ‘none of us is as smart as all of us’.

Kate is a Senior Research Fellow in Applied Health at the Leeds Institute of Health Sciences, University of Leeds. She is a part-time General Adviser for the Yorkshire and the Humber Research Design Service. Kate's research interests include chronic respiratory disease; lung cancer and mesothelioma; stroke; continuity of care and patient and public engagement with research. She has experience of both quantitative and qualitative methods. Kate is a member of the European Lung Foundation Council and a trustee of the June Hancock Mesothelioma Research Fund, acting as the Fund's Research Manager pro bono.



Programme

Wednesday 27th February 2019

Pre-Conference Event for Students and Early Career Researchers

A free event for BPOS student members and members who are early career researchers, will be taking place on the evening of Wednesday 27th February in the Yerburch Suite at the Doubletree by Hilton Hotel. The event will offer members the chance to network with other students and early career researchers, to practice their presentation skills and discuss their research areas (with 5 minute oral presentations), and to seek advice and recommendations from senior researchers who will be attending as mentors.

Drinks and refreshments will be provided during the event. After the event there will be an opportunity for attendees to socialise and have dinner/drinks together (please note that this aspect will not be funded by BPOS and attendees will be required to cover the costs of their meals/drinks).

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|-----------------------|--|
| 17:00 - 17:10: | Welcome and icebreaker activity |
| 17:10 - 18:30: | 5 minute oral presentations (members will be provided the chance to present an overview of their research area, or findings) |
| 18:30 - 19:00: | Networking and mentoring session |
| 19:00 - late: | Opportunity for attendees to socialise over dinner and drinks |

Please note that there are only a limited number of spaces available. Please make sure that you order a ticket (<https://t.co/qvDCgoRq4I>) if you are interested



Thursday 28th February 2019

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| 09:30 – 10:15 | Registration and refreshments |
| 10:15 – 10:25 | Welcome: Kate Absolom and Nick Hulbert-Williams |
| 10:25 – 11:05 | <p>Keynote Presentation: Dr Alex King, Consultant clinical psychologist, Imperial College Healthcare NHS Trust</p> <p>Psycho-education for the cancer workforce: who needs to know?</p> <p>[Chair: Kate Absolom]</p> |
| 11:05 – 11:30 | Morning break |
| 11:30 – 12:30 | <p>Oral presentations</p> <p><i>Session 1: Psychological wellbeing in patients and carers</i></p> <p><i>10 minute presentations and 5 minutes for questions</i></p> <p>[Chair: Claire Foster]</p> |
| 11:30 - 11:45 | <p>Prevalence and risk factors of depression in colorectal cancer five years after surgery: findings from the ColoREctal Wellbeing (CREW) study.</p> <p><i>Joshua Turner, University of Southampton, UK</i></p> |
| 11:45 - 12:00 | <p>Exploring men's experiences of caring for their partner: a longitudinal narrative study.</p> <p><i>Jenny Young, Edinburgh Napier University, UK</i></p> |
| 12:00 - 12:15 | <p>ACT-based therapeutic process changes and their association with patient-report outcomes: results from an international cancer survivorship cohort study.</p> <p><i>Nick Hulbert- Williams, University of Chester, UK</i></p> |



- 12:15 - 12:30 OVPSYCH2: A randomised study of psychological support following chemotherapy for ovarian cancer.
Lesley Howells, Maggie's Centres, UK
- 12:30 – 13:30 **Lunch and Poster viewing**
- 13:30 – 14:10 **E-posters**
3 minute presentations and 2 minutes for questions
[Chair: Jo Armes]
- 13:30 - 13:35 Health beliefs, need for cognition and health literacy in teenage and young adults (TYA): Impact of a cancer diagnosis on family and friends.
Trish Holch, Leeds Beckett University, UK
- 13:35 - 13:40 Patient preferences for whole body MRI or conventional staging pathways in lung and colorectal cancer: a discrete choice experiment.
Anne Miles, Birkbeck College, University of London, UK
- 13:40 - 13:45 EXperiences of TReatment and Quality Of Life in men with mCRPC (EXTREQOL) Study; a comparison on the views of health care professionals, patients and their partners.
Lucy Matthews, Brighton and Sussex Medical School, UK
- 13:45 - 13:50 Initial effectiveness and acceptability of ACTION: An Acceptance and Commitment Training Intervention for Oncology Nurses.
William Kent, University of Chester, UK
- 13:50 - 13:55 Enhanced medical care in cancer: A survey of what psychological specialists contribute.
Philippa Hyman, Transforming Cancer Services Team for London; Macmillan Cancer Support, UK
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- 13:55 - 14:00 VR Technology use in Behavioural Training and Relaxation for Oncology Patients – Results of Feasibility Study.
Emanuela Kufel, Prosoma Digital Therapeutics, Poland
- 14:00 – 14:10 Time for any remaining questions.
- 14:10 – 14:40 Service Innovation session 1**
10 minute presentation and 5 minutes for questions
[Chair: Ryan Flynn]
- 14:10 - 14:25 The impact of cancer and treatments on the sexuality and relationships of lesbian women and their partners: implications for education and practice.
Joy Hall, Birmingham City University, UK
- 14:25 - 14:40 Start the conversation - educational innovations and initiatives to promote conversations about end of life care in psychosocial oncology.
Julie Armoogum and Kathy Rogers, University of the West of England, UK
- 14:40 – 15:10 Afternoon break and Poster viewing**
- 15:10 – 16:40 Workshops – Parallel sessions**
- 1. An introductory primer to single-subject research design in psychosocial oncology**
Facilitators: Nick Hulbert-Williams, Teresa Mulhern, Sabrina Norwood
 - 2. Patient and public involvement: Exploring the challenges and measuring impact**
Facilitators: Helen Bulbeck and Kate Hill



- 16:40 – 17:20** **Keynote Presentation: Laura Lee, Chief Executive, Maggie's**
Maggie's: Psycho-social Care in Practice
[Chair: Nick Hulbert-Williams]
- 17:20 – 17:30** **Day 1 closing remarks**
- 18:45 – 19:30** **Drinks reception and Poster viewing**
- 19.30 – Late** **Conference Dinner, Jigsaw Jazz Quartet and Quiz**



Friday 1st March 2019

08:30 – 09:00 Registration and refreshments

09:00 – 10:15 Oral presentations

Session 2: Access to and experiences of clinical services

10 minute presentation and 5 minutes for questions

[Chair: Ruth Tarrant]

09:00 - 09:15 Sexual dysfunction in men with prostate cancer: access to and experiences of medication, devices and support.

Richard Wagland, University of Southampton, UK

09:15- 09:30 “You know it’s not just a waste of time, somebody’s looking at it.” Patient engagement with online symptom reports during chemotherapy (eRAPID) – The importance of clinician use of data.

Lorraine Warrington, University of Leeds, UK

09:30 - 09:45 Patient, clinicians and trial staff views on the collection of patient-reported adverse events (AEs) in Early Phase Clinical Trials (EPCT): Phase 1 of the ePRIME study (electronic Patient self-Reported outcomes to Improve cancer Management and patient Experiences).

Fiona Kennedy, University of Leeds, UK


09:45 - 10:00 Understanding pathways to diagnosis of a second primary cancer: qualitative interviews with patients and GPs.

Debbie Cavers, University of Edinburgh, UK

10:00 - 10:15 Communication by Numbers.

Rachel Starkings, University of Sussex; SHORE-C, Brighton and Sussex Medical School, UK



- 10:15 – 10:45** **Morning break and Poster viewing**
- 10:45 – 11:30** **Service Innovation session 2**
10 minute presentation and 5 minutes for questions
 [Chair: Carey MacDonald-Smith]
- 10:45 - 11:00 Healthy Weight Management Group for women with, or at risk, of endometrial cancer.
Lesley Howells, Maggie's Centres, UK
- 11:00 – 11:15 Using the service user voice to co-design an end to end psychological support pathway for adults affected by cancer.
Philippa Hyman, Transforming Cancer Services Team for London; Macmillan Cancer Support; Transforming Cancer Services Team, UK
- 11:15 - 11:30 More than a hanky and a leaflet: Supporting People with Individual Budgets after treatment for cancer in Lanarkshire.
Lucy Johnston, Edinburgh Napier University, UK
- 11:30 – 12:30** **Oral presentations**
Session 3: Self-management and late effects
10 minute presentation and 5 minutes for questions
 [Chair: Helen Bulbeck]
- 11:30 - 11:45 Conceptualising dimensions of adjustment and self-management to advanced prostate cancer- a qualitative study.
Lauren Matheson, Oxford Brookes University, UK
- 11:45 - 12:00 Acceptability and Feasibility of a self-management intervention to improve adherence rates in women prescribed tamoxifen.
Zoe Moon, King's College London, UK
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- 12:00 – 12:15** Using the cumulative model of patient complexity to understand supported self-management in older people living with multi-morbidity and cancer: a theory-led qualitative systematic review.
Teresa Corbett, University of Southampton, UK
- 12:15 – 12:30** Diet and nutrition support after a pelvic cancer diagnosis: a cross-sectional study in survivors 6-24 months post-treatment.
Georgios Saltaouras, Oxford Brookes University, UK
- 12:30 – 13:30** **Lunch, Poster viewing and Lunch with mentors***
**Lunch with mentors- This is a lunch session providing a chance for students and early career researchers to meet and discuss ideas with senior researchers and clinicians in the field. We kindly ask that you register to take part in the mentor's lunch during registration. Please note there is a limited number of available places.*
- 13:30 – 14:00** **BPOS Annual General Meeting**
- 14:00 – 14:40** **NCRI Psychosocial Oncology & Survivorship Clinical Studies Group Symposium**
[Chair: Eila Watson]
Keynote Presentation: Adam Glaser, Professor of Paediatric Oncology and Late Effects, University of Leeds
Cancer outcomes that matter: Do PROMS add value?
- 14:40 – 15:00** **Afternoon break and Poster viewing**
- 15:00 – 16:00** **NCRI Oral presentations**
15 minute presentation and 5 minutes for questions
- 15:00 – 15:20** SAM: capturing experience to measure outcome
Rachel Taylor, Cancer Clinical Trials Unit, University College London, UK



- 15:20 – 15:40** Living with and beyond cancer top research priorities in the UK -
Priority Setting Partnership
Mariano Kalfors, National Cancer Research Institute, UK
- 15:40 – 16:00** OPTIMAL: Optimising Individual Treatment Regimes and
Patient Outcomes through the Use of Patient-Reported Toxicity
Assessments in Patients treated with Pelvic Radiotherapy
*Galina Velikova, Leeds Institute of Medical Research at St James's,
University of Leeds, UK*
- 16:00 – 16:20** **Closing remarks / awards**




Posters

Psychometrics and assessment

10. Cher Lowies – *Improving quality of life through routine use of the patient concerns inventory (PCI) for head and neck cancer patients: a cluster preference randomized controlled trial.*
11. Simon Rogers – *Patient Concerns Inventory across different health economies.*
12. Lucy Johnston – *Systematic review and thematic synthesis of the implementation and impact of holistic needs assessments for people affected by cancer.*
13. Samantha Sodergren – *Development of a health-related quality of life questionnaire for people with anal cancer treated with chemoradiotherapy; the EORTC QLQ-ANL27.*
14. Zoe Cooke – *A systematic review of the psychometric properties of existing psycho-social outcome measures in cancer care.*

Patient experience and managing symptoms

15. Grant McGeechan – *Experiences of living with colorectal cancer as a chronic illness: A systematic review and qualitative synthesis.*
 16. Sally Wheelwright – *Does the natural history of symptoms and functioning following curative surgery for colorectal cancer differ for people with colon versus rectal cancer? Findings from the ColoREctal Wellbeing (CREW) cohort study.*
 17. Sally Wheelwright – *The impact of a stoma on symptoms and functioning following curative surgery for colorectal cancer: Findings from the ColoREctal Wellbeing (CREW) cohort study.*
 18. Rebecca Foster – *Incidence of long-term chemotherapy induced peripheral neuropathy (CIPN) in a cohort of colorectal cancer survivors: Findings from the*
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ColoRECTal Wellbeing (CREW) cohort study.

19. Syreen Hassan – *Who makes the decision to receive Oxaliplatin among stage III colorectal cancer (CRC) patients?*

20. Carol Rivas – *A large synthesis of qualitative papers on the prostate cancer experience.*

21. Eila Watson – *Experiences and needs of patients with pancreatic cancer: findings from a national survey.*

22. Julie Armoogum – *The experience of persistent pain in adult cancer survivors: a qualitative evidence synthesis.*

23. Lynn Dunwoody – *Cancer related fatigue and physical activity from the perspective of family and friends.*

24. Marie Holmes – *"I would say the worst of it for me was the emotional side-effect". Patients' views of electronic symptom monitoring during chemotherapy.*


Complex, comorbid and advanced illness

25. Rebecca Platt – *The care and support needs of residential care home residents with comorbid cancer and dementia: A qualitative review and ethnographic study.*

26. Lynsey Brown – *Co-designing a behaviour change intervention for older adults living with cancer: Initial insights.*

27. Kathleen Kane – *Living better with advanced breast cancer (LIBERATE) - Exploring quality of life & routes to support in secondary breast cancer: A qualitative interview study of patients & professionals.*

28. Kathleen Kane – *Living better with advanced breast cancer (LIBERATE) - Exploring the effect of online and technology-assisted supportive interventions on the quality of life of patients with advanced cancer: A systematic review.*



Psychosocial aspects of adjustment and survivorship

29. Rosina Pendrous – *Longitudinal adjustment to cancer survivorship: qualitative analysis of free text comments from a longitudinal cohort study.*
30. Susana Almeida – *Emotion-Focused Therapy for severe Fear of Cancer Recurrence: the case of Tom.*
31. Anya Adair – *Developing and Implementing the Psychological Therapies and Support Framework for People Affected by Cancer in the West of Scotland.*
32. Fiona Kennedy – *electronic Patient self-Reported outcomes to Improve cancer Management and patient Experiences (ePRIME) – a Delphi consultation informing the development of a community-based follow-up intervention for ovarian cancer patients.*
33. Sally Wheelwright – *A systematic review of changes in health and wellbeing, as assessed by patient reported outcome measures, following curative intent treatment for colorectal cancer.*
34. Jenny Makinson – *Experiences of a cancer post-treatment group intervention and effects on reported well-being, worry, self-efficacy, diet and activity.*
35. Gillian O'Neill – *A qualitative study of healthcare professionals' views of psychosocial support in cancer care: How can eHealth support psychosocial wellbeing in cancer?*
36. Lyndsay Hughes – *Development of a mobile app-based psychoeducational intervention to improve adherence and persistence to hormonal therapy for women survivors of oestrogen receptive positive breast cancer.*
37. Elizabeth Stamp – *Using the "Word-Wall" as a method to identify research priorities in cancer survivorship.*



Caregiving and the impact of cancer on family and friends

38. Terri Gilleece – *The impact of prostate cancer on the partners of those diagnosed with the condition: Preliminary findings.*

39. Sarah Churchward – *Impact of Penny Brohn UK's Living Well Course on Informal Caregivers of People with Cancer.*

40. Gianina-Ioana Postavaru – *Challenges related to the cancer care role.*

41. Jenny Young – *Who cares? A systematic review on the proportion of males and females in cancer carer samples.*

42. Alison McLaughlin – *"I'm still me but what does that mean?": an interpretative phenomenological analysis of caregiver's experience of spousal lung cancer.*

43. Shradha S Parsekar – *Burden of care among informal caregivers of breast cancer patients in India.*

44. Kate Byrnes – *Attitudes of women with a learning disability and their carers, towards the NHS cervical and breast cancer screening programmes: A qualitative systematic review and meta-aggregation.*

Service Innovation

45. Lesley Howells - *Developing a sustainable evaluation framework embedded within the Maggie's programme of holistic cancer care.*

46. Kate Byrnes - *What are the attitudes and opinions of women with a learning disability, family carers, and paid care workers, towards cervical and breast cancer screening programmes?*

47. Samantha Sodergren - *The role of the support worker in providing psychosocial support to patients and carers affected by cancer: Learning from the Improving Access to the Clinical Nurse Specialist and Key Workers Project.*

48. Lesley Howells - *Managing Relationships Workshops.*



49. Alicia Brown - A Service Evaluation of the Access Route to Health Psychology for Men with a Diagnosis of Cancer.



Sponsor Information



University of
Chester

Throughout its 180 years, the University has embraced its mission in preparing students for careers which have a direct benefit to society, and its research is similarly focused on practical applications.

As the country's first purpose-built teacher education college, the University is one of the longest established higher education institutions in England, pre-dating all but Oxford, Cambridge, London and Durham, and its founders included two future Prime Ministers and a future Archbishop of Canterbury. It now trains and develops a significant proportion of the region's health and social care and teaching professionals.

There are more than 20,000 students from 130 countries on programmes ranging from Accounting and Finance to Zoo Management across seven faculties:

- Arts and Humanities
- Business and Management
- Education and Children's Services
- Health and Social Care
- Medicine, Dentistry and Life Sciences (which is developing a new Medical School)
- Science and Engineering
- Social Science (Psychology is one of the biggest departments.)

As part of a strategic alliance with University Centre Reaseheath there is also a growing Faculty of Agriculture and Veterinary Science.

As well as undergraduate and postgraduate qualifications, foundation and apprenticeship degrees combine conventional university study with learning at work, and the University's expertise in this field has led to partnerships with organisations from blue chip companies to public sector agencies and charities.

The University, which was awarded Silver in the first UK Teaching Excellence Framework, has more academic staff holding a recognised teaching qualification than any other in the North West and the fourth highest figures in the country. Doctoral qualifications are an embedded and growing area of activity.

The University encourages relevant research, with benefits for society, both

economically and culturally, and provides consultancy support across a variety of areas of expertise. In the last national Research Excellence Framework (REF) assessment, all academic areas submitted by the University of Chester had work deemed internationally excellent (3*), with 13 areas attaining world leading (4*) status.

Connections with industry, commerce, the professions and the voluntary sector, in addition to other higher education institutions worldwide, are key to the success of this portfolio.

For more information, please visit www.chester.ac.uk



When you're faced with a wall of information it's easy to feel overwhelmed. brainstrust is a national charity that offers a unique UK wide

support service to people living with brain cancer. We provide pragmatic support from diagnosis and beyond, reducing isolation, building resilience and resourcefulness. This translates into real world, useful resources and improved clinical outcomes for our community.



Psycho-Oncology is concerned with the psychological, social, behavioural, and ethical aspects of cancer. This subspecialty addresses the two major psychological dimensions of cancer: the psychological responses of patients to cancer at all stages of the disease, and that of

their families and caretakers; and the psychological, behavioural and social factors that may influence the disease process. Psycho-oncology is an area of multi-disciplinary interest and has boundaries with the major specialities in oncology: the clinical disciplines (surgery, medicine, paediatrics, radiotherapy), epidemiology, immunology, endocrinology, biology, pathology, bioethics, palliative care, rehabilitation medicine, clinical trials research and decision making, as well as psychiatry and psychology.



We are the only independent cancer research charity fighting the toughest cancers in North West England and North Wales. Since 2000, we have funded £39,000,000 of world-class research and supported hundreds of local clinicians, doctors and students in the fields of basic, translational and clinical research.

Our promise is simple. We only support the best local medical research, to stop cancer sooner.



We put the current and future needs of people living with cancer at the centre of our services, research, policy and evaluation to ensure we understand the numbers, needs and experiences of everyone living with cancer. We generate the evidence to enable a better cancer experience and directly provide, work in partnership or influence others to help everyone with cancer live life as fully as they can. We fund a diverse and multi-modal portfolio of patient-centred research that is critical to informing and influencing the health and social care system.

Macmillan is proud to be sponsoring the NCRI Psychosocial Oncology and Survivorship Clinical Studies Group Symposium session at the 2019 British Psychosocial Oncology Society. This session, led by Adam Glaser, will focus in on the value of Patient-Reported Outcome Measurements (PROMs in cancer outcomes; an area which Macmillan recognises to be essential in broadening our understanding of patient experience across the cancer pathway.

Macmillan shares and promotes the aims of the British Psychosocial Oncology Society to advance education and research in psychosocial oncology to improve the quality of care for people living with cancer. Macmillan's commitment to this area of research is reflected in our academic portfolio; visit the Macmillan stand throughout the conference to find out more about the research we fund.

We're here to help everyone with cancer live life as fully as they can, providing physical, financial and emotional support. So whatever cancer throws your way, we're right there with you.

Macmillan Cancer Support, registered charity in England and Wales (261017),



Scotland (SCo39907) and the Isle of Man (604). Also operating in Northern Ireland.





www.bpos.org