

How our BPOS 2018 conference unfolded

Our delegates were getting ready and so were we!

BPOS UK @BPOSUK Feb 2

Remember to register for our annual **#BPOS2018** conference! Deadline Fri 16 Feb. Great speakers, great atmosphere! 2 nights with acc at the Grand Harbour Hotel with great facilities is only £50 more than without acc. How can you resist?

BPOS UK @BPOSUK Mar 3

#BPOS2018 the time is near and the snow is clearing!! REMINDER FOR ORAL PRESENTERS – Please send a copy of your presentation by Tuesday 6th March to ss12ef@leeds.ac.uk

BPOS UK @BPOSUK Mar 7

A real ship's feel without the waves at **#BPOS2018** [#grandharbourhotel](#). Looking forward to seeing it full of delegates tomorrow



Claire Foster @ClaireFosterW Mar 8

Replying to [@franwoodard](#) [@macmillancancer](#)
the sun is shining & we're looking forward to hearing your keynote first thing
#BPOS2018



@CeriPheps1 Mar 8



Fab pre-conf brekkie run to set me up for an inspiring day at British Psychosocial Oncology Society conf **#BPOS2018** @SoPaCUWTSD

LymphomaAction @LymphomaAction Mar 7
Our @sscawcroft is set for the @BPOSUK **#BPOS2018** conference tomorrow! Presenting our pilot psychology service for ppl affected by #lymphoma



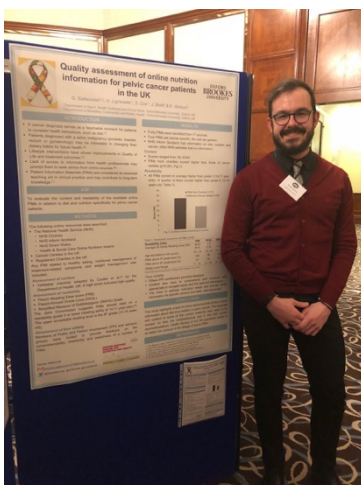
Helen Seers @seers_helen Mar 8
Kicking off #BPOS2018 today in Southampton - great programme ahead! Thank you @BPOSUK



We were fully inclusive and supporting of all:

Michael Mawhinney @iammike03 Mar 8

Setting off from Oxford to Southampton, excited to be presenting at #BPOS2018 on some of my #PhD findings! @BPOSUK @OxINMAHR



George Saltaouras @geosaltaouras Mar 8

A very informative day 1 of the #BPOS2018 conference in Southampton. I think I am the only nutritionist around here... @BPOSUK @OBU_Nutrition #supportivecare

George Saltaouras @geosaltaouras Mar 8

It's #internationalwomensday2018 today and I am surrounded by brilliant women scientists in psychosocial oncology at #BPOS2018. I, a weak little man, also have a poster. No 2, come and see it! #nutrition #cancer @OBU_Nutrition



Jenny Young @JennyYoung22 Mar 8

Celebrating @Lynsey_R_Brown 1st conference presentation! **#BPOS2018**
@HealthPoppub

Alison Farmer @towertalk Mar 8

Congratulations to @FallowfieldLJ on being awarded a lifetime membership of @BPOSUK. I remember Lesley asking me a scary question over 27 years ago when I presented as a PhD student! **#BPOS2018**



Lesley Fallowfield @FallowfieldLJ Mar 9

Lesley Fallowfield Retweeted Alison Farmer

But I'm sure that you answered it really well and look where you are now! **#BPOS2018**

We had talks, keynotes, e-posters, regular posters, workshops, mentoring sessions.....

Katriina Whitaker @Katriina01 Mar 9

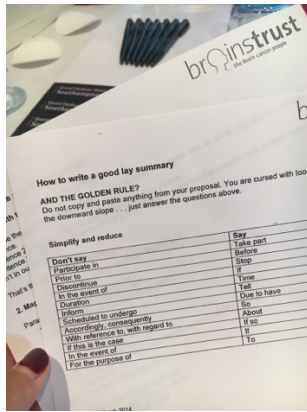
Really impressive set of keynotes @BPOSUK @CarlRMay @gbrgsy @franwoodard
#DianaHarcourt **#BPOS2018**

Will Kent @Will_Kent11 Mar 9

Big thank you to all mentors, @BPOS_students and ECRs who attended the @BPOSUK mentors lunch this afternoon! Hope it was a helpful session! **#BPOS2018**

Eden Robertson @Eden_Robertson Mar 8

Fabulous resource to help researchers write a lay summary. Tip from Dr Helen Bulbeck: co-write your lay summary with a consumer. @brainstrust @BPOSUK
#bpos2018



A strong theme in the conference, and for our keynote speakers – especially Glenn Robert from KCL - was around co-design and implementation.

RacheltheResearcher @starachell

Very powerful film showing the implementation of a co-design project in Leicestershire
@BPOSUK #bpos2018 @gbrgsy @PointofCareFdn

Macmillan Evidence @Mac_Evidence Mar 9

Glenn Robert: staff wellbeing is an antecedent of patient experience, need to bring both staff and patients together in experience based co-design #BPOS2018

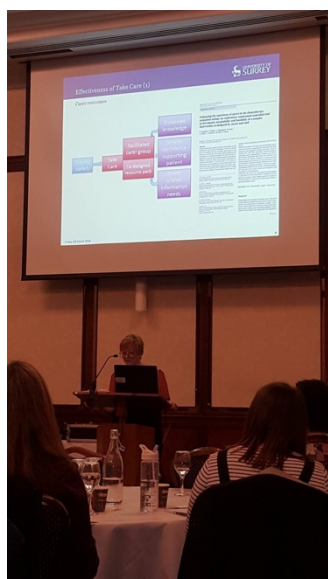


Jenny Harris @jenny_harris_ Mar 9

#BPOS2018 Excellent, inspiring keynote, thank you @gbrgsy radical co-design! Using lived experience of patients & staff to improve health services together #ebcd
@BPOS_students @BPOSUK



Jenny Harris @jenny_harris_ Mar 9
#BPOS2018 @emmaream talking about using **#ebcd** to develop a complex intervention improve cancer carer experience & outcomes in **#chemotherapy** day units

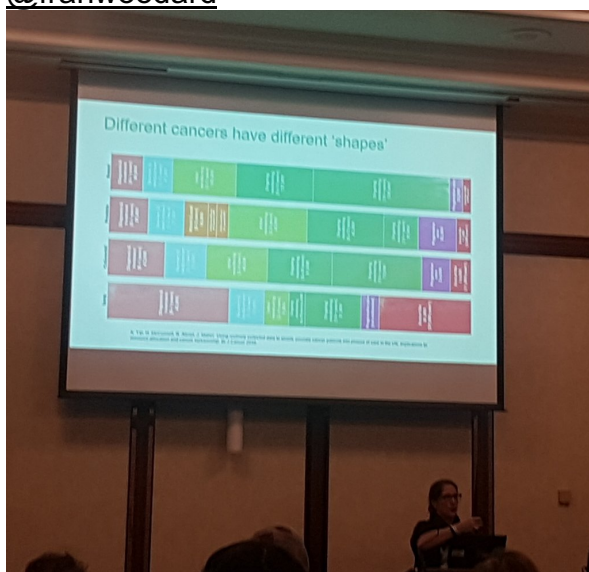


BPOS UK @BPOSUK Mar 8
 @CarlMay talking about importance of translational Valley of Death when intervention typically costs millions **#BPOS2018**



RacheltheResearcher @starachell Mar 8

Understanding the cancer journey in terms of outcomes can then help with targeting interventions and services to best support the individual [#BPOS2018](#) [@BPOSUK](#) [@franwoodard](#)



The conference was a great place to share a variety of studies on topics ranging from bereavement to body image. And that is just the 'Bs'.

Anna @annamackland Mar 9

Thank you #BPOS2018 for the great opportunity to present the work that The Christie & TCT are completing to address bereavement support issues for young people with cancer in Manchester @TheChristieNHS @TeenageCancer @TYACancerPro

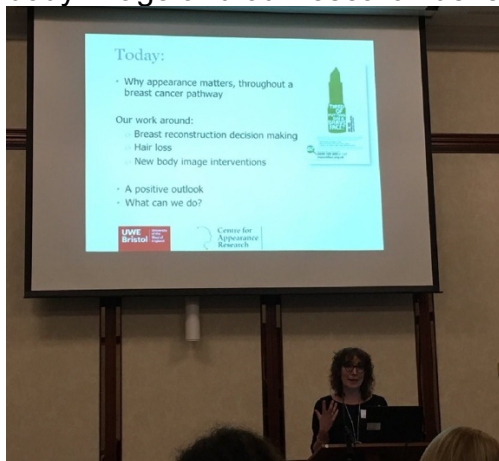


Eden Robertson @Eden_Robertson Mar 9

AYAs w/ cancer who experience a death of a friend on the ward may be at risk for worse psych outcomes. Support is needed given the role of peers and social networks for AYAs. The work of @TeenageCancer @annamackland may be of interest for @CanTeenAus @Pandora_P_ #BPOS2018 @BPOSUK

Appearance Research @CAR_UWE Mar 9

CAR's director Prof Diana Harcourt is Keynote at the British Psychosocial Oncology Society Conference today, and is speaking about the impact of cancer treatment on body image and our research developing different forms of support #BPOS2018



Jenny Young @JennyYoung22 Mar 9

Focus on #carers 25% report feeling ignored in consultations & higher anxiety and depression than patient #BPOS2018



Macmillan Evidence @Mac_Evidence Mar 9

Fantastic talk from @CPROR_UoB's Ameeta Retzer on Macmillan-funded EPiC study - providing new evidence to improve collection and reporting of patient reported outcomes in cancer clinical trials - this info vital to tell patients ?what will this treatment mean for me?? #BPOS2018



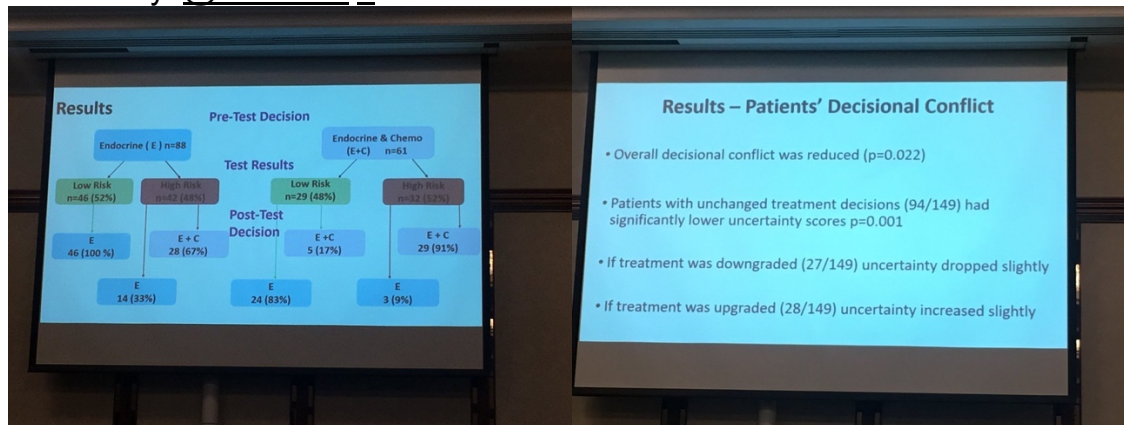
Fran Woodard @franwoodard Mar 8

Elia Watson Oxford Brooke's University talking about Psychological well-being in men with prostate cancer on active surveillance or watchful waiting - findings from a UK wide mixed methods study. #BPOS2018

Eden Robertson @Eden_Robertson Mar 9

Endopredict provides breast cancer pxs w/ info on tumour type risks to help patients make tx decisions between endocrine tx vs. endocrine+chemo. Most patients were

willing to downgrade if tests came back as low risk. Intervention appears to reduce uncertainty. @BPOSUK #BPOS2018



We also had some great posters, it was hard to choose between them for the student and non-student poster prizes!

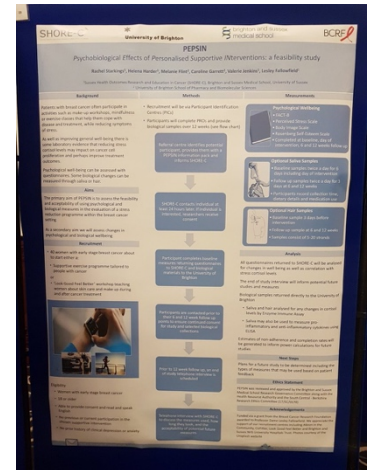


Dr Trish Holch @TrishHolch Mar 8
#bpos2018 Lucy King presenting her dissertation findings
@BPOSUK @LBUPsych @BPOS_students

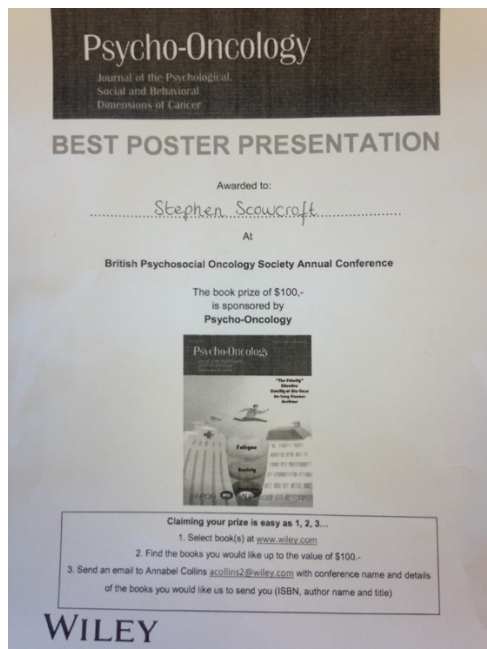


Dr Trish Holch @TrishHolch Setting a good example in going green - saving paper with tiny conference posters #BPOS2018

Helena Harder @hharderSHORE_C Mar 8
 Helena Harder Retweeted RacheltheResearcher
 For those attending #BPOS2018: check out this poster
 about measuring stress cortisol levels in women
 with #breastcancer participating in supportive interventions



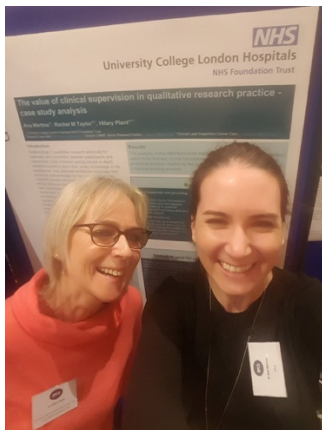
Stephen Scowcroft @sscowcroft Mar 20
 Very excited. Just found out @LymphomaAssoc poster on
 psychology project won best poster presentation @BPOSUK
 #bpos2018 conference.



Delegates found much in common. The conference was a great opportunity to connect and share.

Josh Turner @j_turner6 Mar 9

A great keynote from Prof. Diana Harcourt highlighting the importance of understanding the impact of cancer and it's treatment on body image. We are excited to be collecting this important data in @HORIZONS_MSRG @CAR_UWE #BPOS2018 @BPOSUK

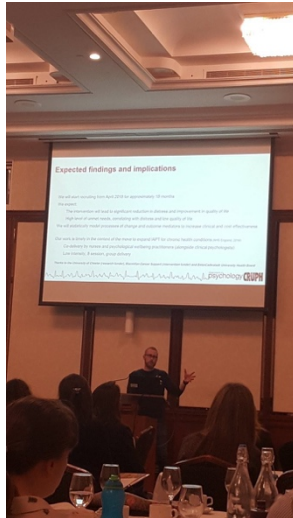


Ana Martins @AnaCatMM Mar 9

amazing collaboration with @HilaryPlant **#bpos2018**

Nick HulbertWilliams @profnickhw Mar 8

Fantastic to get to speak at #BPOS2018 about EPELIT, our new research study of CBT for gynaecological cancer patients. Thanks @GillianONeill17 for the photo! @UoCPsych @Brooke_Swash @drleehw @Annabel_C_Price @DocCareyFay @BPOSUK



Helen Seers @seers_helen Mar 7

Looking forward to attending #BPOS2018 - a great place to present our latest work from @RE_PBUK about how @PennyBrohnUK's Living Well Courses enable people to feel motivated and confident to return to work after cancer. Excited to meet with the expert delegates and network too!

CareyFayMacD-S Retweeted Eden Robertson

The Aussie Uk #CRUPH collaboration #BPOS2018
CareyFayMacD-S added,



Eden Robertson @Eden_Robertson

Conferences are about collaborating right? 🙌 #bpos2018 @BPOSUK @profnickhw

Delegates also enjoyed the entertainment.

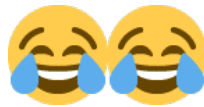
CQoLUoS @EORTC_UoS Mar 8

Very much looking forward to listening to the ukulele jam @bposuk @SotonUkeJam
#bpos2018



Dr Ceri Phelps @CeriPhelps1 Mar 8

Possibly the most bizarre conference dinner ever
#ukeleleheaven



#BPOS2018 #lovingit

Alison Farmer @towertalk Mar 9

Two of my favourite groups in one room! Psycho-oncologists and Ukulele players!

Fabulous evening. @BPOSUK #BPOS2018 @SotonUkeJam

Alison Farmer @towertalk Mar 9

Brilliant conference. Thanks to the organisers for putting on such a good event and for giving me the opportunity to present my work and play the ukulele! I definitely had less performance anxiety about the latter. #BPOS2018 @BPOSUK @ClaireFosterW @MacmillanUoS

Faye Doyle @Faye_Gowing Mar 8

Fantastic performance by the brilliant @SotonUkeJam this evening at #bpos2018
thank you for coming guys! @MacmillanUoS



Eden Robertson @Eden_Robertson Mar 8

Eden Robertson Retweeted Nick HulbertWilliams
Such a great night with this bunch!! **#bpos2018 @BPOSUK**



Eden Robertson added,
Nick HulbertWilliams @profnickhw
Team Diversity. Winners of the conference dinner quiz. Thank the gods for a musical theatre round. @Eden_Robertson @DocCareyFay @RyanFlynn93 @Will_Kent11 #cruphontour2018 ...

It was sad to go but the conference was all too soon at an end .. at least we had 2019 in Chester to look forward to!

Helena Harder @hharderSHORE_C Mar 9
Helena Harder Retweeted Lesley Fallowfield
for those catching an early train and missing Lucy's talk **#BPOS2018 @BPOSUK**
accepted paper in Psycho-Oncology:
<http://onlinelibrary.wiley.com/doi/10.1002/pon.4664/full> ...

Helena Harder added,
Lesley Fallowfield @FallowfieldLJ
Happy faces before the presentation expecting even bigger smiles after the talk, go for it Lucy! <https://twitter.com/starachell/status/972110613425147907> ...

EORTCQoLUoS @EORTC_UoS Mar 9
After 2 wonderful days, **#bpos2018** has come to a close. Thank you to the organisers, particularly our colleagues at the MSRG **@MacmillanUoS** We look forward to next year **#bpos2019 @BPOSUK**

Eden Robertson @Eden_Robertson Mar 9
Thanks so much to **@BPOSUK #BPOS2018** for a wonderful conference and for making me feel very welcome in the UK! Made even better by receiving the best student poster award! Now for the 25 hour trip home to Sydney ...

RacheltheResearcher @starachell Mar 10
Thanks **@BPOSUK** for the **#BPOS2018** Twitter prize - the chocolates were much needed on what turned out to be a 4.5hr journey home to Sussex! Hope everyone had a safe journey back.

Emma Nicklin @EmmanLeeds Mar 9

Fab few days at #BPOS2018 !Great to see all the amazing projects! Great 1st year being a part of the committee! Roll on Chester next year!

